



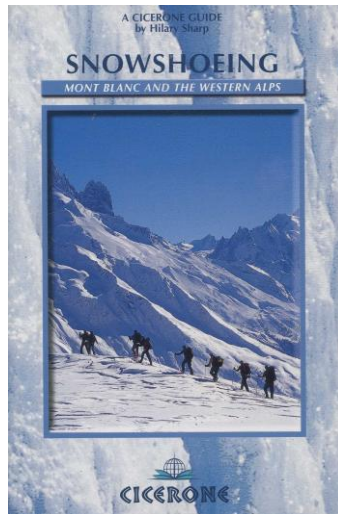
TREKKING IN THE ALPS
HILARY SHARP
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SNOWSHOE PROGRAMME 2013



- **NO hidden costs**
- **Small groups guaranteed.**
- **Snowshoes and poles provided - opportunity to try MSR snowshoes - by far the best technical snowshoes**
- **All safety gear included**
- **All levels catered for including experienced snowshoers.**
- **High summits and hikes**
- **New destinations every year.**

- **Expert guiding - usually by Hilary Sharp author of "Snowshoeing: Mont Blanc and the Western Alps"**



PRICES:

6 day trips cost 1220 €uros per person, 4 day trips cost 780€. These prices are costed on a minimum of 4 participants. Trips will still go if we don't reach 4, but a small supplement may be required.

These prices include:

- guided snowshoeing,
- accommodation (bed, breakfast and dinner)
- transport during the holiday,
- rental of ALL gear: high quality snowshoes, poles, avalanche transceivers, probes and shovels.

Not included:

- travel to meeting place
- hill food
- drinks
- insurance - eg Snowcard about £25
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Prices are in €uros. I am happy to take payment in sterling at the current rate.





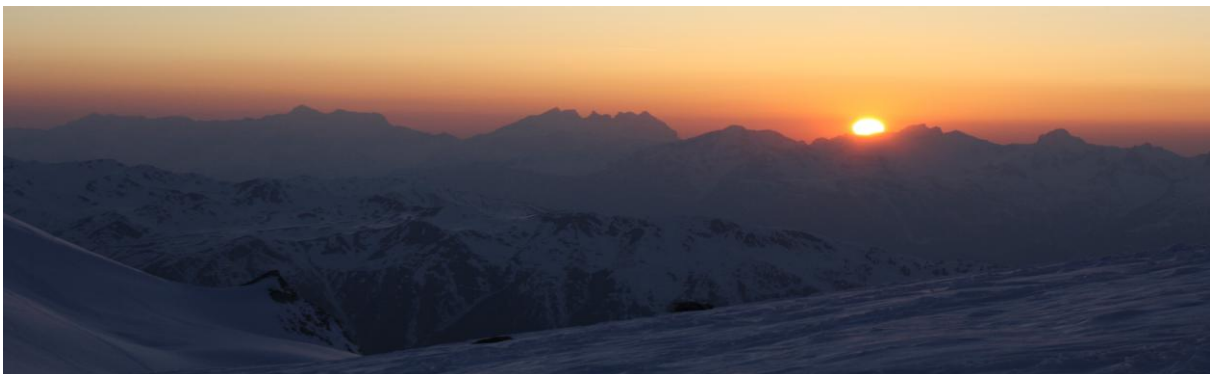
After 20 years in the Chamonix region, Trekking in the Alps has relocated further south for the winter months, which means we'll be offering some new areas in the southern French Alps, including the **Queyras region**, as well as the classic trips in the Mont Blanc Region, Aosta Valley Italy and Valais area of Switzerland.

We'll be returning to some places we enjoyed in 2012, notably the **Simplon Pass** which proved to be have some fabulous snowshoe walks, and also the **Gemmi Pass** which compliments the Simplon region perfectly. The **Val Clarée** near Briançon in the **Dauphiné Alps** will feature a lot in my future programmes as this is one of the best snowshoe destinations around and is also now much nearer to Trekking in the Alp's home base. 2013 sees a nice gentle week there early January which will be a wonderful winter wonderland adventure, followed by a more strenuous week in March. The Queyras is new for 2013 and will be a permanent fixture on the programme as this region is known for its fine snowshoeing.

Most trips can also be made into 4 day versions, so if you can't get the whole 6 days do ask about a 4 day version.

Grades Holidays are graded by smiley face ☺, one being the easiest grade up to three which means a strenuous grade. However, it must be understood that these grades are only guidelines as the snow conditions dictate more than anything what we do. Please do ask for advice on what level to choose if you are in doubt.

IN ADDITION TO THE ADVERTISED HOLIDAYS, I AM AVAILABLE FOR PRIVATE SNOWSHOE GUIDING AT ANY LEVEL, FROM ONE DAY TO A WEEK.



6 DAY HOLIDAYS 1220€



Névache Val Clarée France ☺

Meet Briançon

5 January

5 days snowshoeing, 1 day off to visit Briançon, try cross country skiing, sledging or resting

Névache Val Clarée France ☺☺/☺☺☺

Meet Briançon

2 February

Aosta Valley Italy ☺☺

Meet Aosta

23 February

Mont Blanc Region Swiss base ☺/☺☺

Meeting place Finhaut

2 March

Easter week Queyras France ☺☺/☺☺☺

Meet St Véran

23 March

Simplon Gemmi Pass Switzerland ☺☺☺

Meet near Martigny

6 April



4 DAY HOLIDAYS 780€

Mont Blanc Region Swiss base ☺

Meet Finhaut

2 March

Simplon Pass ☺☺☺ *NEW!*

Meet near Martigny

6 April

Email me for more details and to make a booking hilaryalp@gmail.com

Looking ahead to spring 2013.....

Sunny warm walking in Northern Provence.

Dates to be decided

Come and sample the wonderful walking of the Drôme Region, known for its great scenery, beautiful trails, fantastic cycling (Mont Ventoux!) and exceptional wine.

We'll do a variety of walks from different bases, with a day off mid-week to explore or to do a gentle bike ride. One of the highlights will be watching the vultures soaring overhead as we hike above the Gorge St May.

Meeting point: Avignon (train station or airport).

